Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Sunday 07 Aug 2022 until 23:59 on Monday 08 Aug 2022

Forecast Issued on Saturday 06 Aug 2022 at 16:45 by Met Office Aberdeen

Confidence: Medium.

Headline for Sunday 07 Aug 2022: Rain and drizzle. Hill fog. Windy.

Mountain weather hazards on Sunday 07 Aug 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
Low Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Drizzle	Mist	Light rain	Light rain	Fog	Mist
Precipitation probability							
60%	50%	70%	40%	60%	80%	40%	20%

Forecast for Sunday 07 Aug 2022

Weather: Overcast with outbreaks of rain and drizzle, occasionally heavy overnight, turning lighter and more patchy during daylight hours. Mainly dry in the evening.

Chance of cloud-free hill tops above 800m: 20%, best chance around Assynt and the north around midday.

Low cloud and visibility: Extensive cloud, base 300 to 600m, patches below 300m, perhaps occasional cloud, base 900m, in the north around midday. Visibility moderate or good lower down becoming mainly very good later. Often poor or very poor at height.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Sunday 07 Aug 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	35/44 SW	32/40 W	27/35 W	27/35 W	25/33 W	24/32 W	26/34 SW	25/33 SW	26/35 SW
900	33/41 SW	30/38 W	26/34 W	25/33 W	23/31 W	23/31 W	25/33 SW	24/32 SW	25/33 SW
600	22/31 SW	21/29 SW	18/26 W	19/27 W	17/25 W	17/25 SW	18/26 SW	17/25 SW	17/26 SW
300	9/31 SW	8/29 W	8/25 W	8/25 W	6/23 W	7/24 W	9/25 SW	8/24 SW	8/25 SW
Glen	14/28 SW	13/26 SW	11/22 W	11/21 W	8/17 W	10/20 W	10/21 SW	10/20 SW	9/21 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	8/2	8/3	8/3	7/2	9/5	9/5	8/4	8/3	7/2
900	8/3	9/4	8/4	8/4	10/6	10/6	9/5	8/4	8/3
600	10/7	11/7	10/7	10/7	12/8	12/9	11/8	10/7	10/7
300	12/10	12/10	12/10	13/12	13/12	13/12	13/12	12/11	12/11
Glen	14/11	14/12	14/12	15/14	15/14	15/14	15/14	15/13	14/13
Freezing Level*	2700m	2500m	2400m	2200m	2800m	3000m	3000m	3100m	2600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing further to add.

Forecast for Monday 08 Aug 2022
Weather: Mainly dry and cloudy overnight, although patchy rain north of Skye. Remaining cloudy during daylight hours with outbreaks of rain and drizzle, occasionally heavy.

Maximum wind: Southwest 20 to 25mph gusting 35mph.

Chance of cloud-free hill tops above 800m: 20%

Low cloud and visibility: Occasional or extensive cloud, base 600 to 900m. Visibility moderate or good, occasionally poor at times lower down and often poor or very poor at height.

Temperature: **Glens:** Plus 13 Celsius rising to 17 Celsius
At 800m: Plus 8 to 10 Celsius
Freezing level: Above the summits.

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